

Lincoln-Way High School District 210 presents:

Lincoln-Way Youth Strings



Saturday Mornings

**Lincoln-Way North
High School**

2011-2012 Handbook

Michelle Freeland, Director



Welcome to Lincoln-Way Youth Strings!



The Lincoln-Way Youth Strings (LWYS) Program is one of the most rewarding and exciting educational opportunities offered through our schools. Whether you are new to the orchestra program or a returning member, LWYS will be an exciting and enriching experience for your child and I am very excited to have your child in the program! -Mrs. Freeland

What is LWYS?

- Lincoln-Way Youth Strings is a youth orchestra program sponsored by Lincoln-Way Community High School District 210 designed to give students that live within the Lincoln-Way school boundaries the opportunity to learn, play, and perform the violin, viola, cello, or bass in an orchestra.
- Multiple orchestras are being formed based on program enrollment and ability level.

Major Learning Goals

- Life long enjoyment in making and listening to music
- Play a string instrument with confidence and pride
- Music reading skills
- Posture, posture, posture! 😊
- Effective practice
- Social team effort of music making
- HAVE FUN!!!

Orchestra Expectations

- Do the best you can, try your hardest and put forth effort!
- Try to practice your instrument everyday
- Be on time to rehearsal
- Bring all required materials to rehearsal.
- Respect your peers, instruments, teacher and property of others.
- No food, drinks or gum is allowed at rehearsal.

Who can join?

- Students who live in the Lincoln-Way area
- Students of any skill level through the 9th grade that currently play the violin, viola, cello, or bass, including those currently taking private lessons.
- Any student who wishes to learn how to play a string instrument
- The beginning orchestra is open to students in the 4th grade or higher. Students who are in a younger grade who have already had experience playing a string instrument are also eligible to join.
- The philosophy of the LWYS program is to ensure that any instrumental instruction, whether strings, winds, brass, or percussion, be made available to students in all the school districts that feed into Lincoln-Way.
- If you are in the Manhattan, New Lenox, or Summit Hill school districts, you are encouraged to be in your school orchestra (if you are in a grade that qualifies you to participate) to be eligible to participate in LWYS.

Rehearsals

- LWYS will be held on Saturday mornings at L-W North High School in Music Room 106.
- First rehearsal for Beginners will be 9/17. This is the most important practice of the year!
 - Students will be given a timeslot that may be different from their regular rehearsal time.
 - This is for the first rehearsal ONLY and allows for more individualized instruction to get students off to a great start!
 - Small group lessons will be scheduled by instrument throughout the morning. You will be notified of your time via email ASAP.
- First rehearsal for all orchestras will be 9/24
- Beginners will receive one group lesson and one orchestra rehearsal a week, while intermediate and advanced students will participate in a weekly orchestra rehearsal with sectionals given intermittently throughout the year.

Rehearsals cont.

- Each student will receive 60-90 minutes of instruction during the time slots given below.
 - Beginning Orchestra (1st year players) : 8:00-9:50 AM
 - Concert Orchestra (2+ years): 10:00-11:15 AM
 - Chamber Orchestra (Advanced): 11:15-12:00 PM
- Minor changes to the schedule may have to be made from time to time. When this occurs you will be notified via email, the changes will be posted on the website, and students will be notified at rehearsal.
- The rehearsal calendar can be found at the end of the handbook

Performances

- There will be three concert performances a year for all students. A fourth concert is for the Concert and Chamber Orchestras only. Check the calendar for times and location.
 - Holiday Concert on Saturday 12/10
 - L-W Strings Extravaganza 1/30. Concert & Chamber Orchestras only.
 - ArtWorks Concert on Saturday 3/24
 - Spring Concert on Saturday 5/19
- More detailed information will be handed out and posted on the website a few weeks before each concert.

Concert Dress

- December, January and May Concerts:
 - White dress shirt
 - Black pants/skirt (at or below the knees)
 - Black socks/tights/nylons
 - Black shoes
- ArtWorks Concert: 2011-2012 LWYS T-Shirt and black pants/socks/shoes.

Materials

- All students will need an instrument, pencil, music book(s), and a music stand (for home practice) to participate in the program. Additional sheet music will be provided at rehearsals. Method book(s) needed:

Beginners: Essential Elements Book 1
Concert Orchestra: Essential Elements Book 2, Winning Rhythms
Chamber Orchestra: Essential Technique, Winning Rhythms

Instrument Rental

- Quinlan and Fabish (Q & F), the music company that services the Lincoln-Way area schools. While you are under no obligation to obtain an instrument from this company, you may find it convenient to do so.
 - www.qandf.com
 - 630-654-4111
- All beginners must be sized for an instrument. As your child grows, they will exchange their instrument for a larger one. When that time comes I will notify you, and then simply contact Q & F and notify them of the needed change. The new instrument will be at their next rehearsal, at which time they can leave their old instrument to be picked up.
- You may purchase the required music books and any other string supplies through Q & F.
- Once your child is in a full size instrument, you may consider purchasing an instrument. Unfortunately, there are many poor quality instruments for sale that will hinder your child's musical growth, if not end it altogether. **Please contact me via phone or voicemail to discuss the process before buying.**

Tuition

- The cost of the program is \$150 per semester. For your convenience you can choose to pay for the entire year, by semester, or in smaller installments of \$50. Tuition is due at the first rehearsal of the given month.
- Checks should be made payable to Lincoln-Way High School District 210.

	September	October	November	February	March	April
Option 1	\$300					
Option 2	\$150			\$150		
Option 3	\$50	\$50	\$50	\$50	\$50	\$50

Parent Help

- Several parent volunteers will be needed at concerts to help monitor the students and to help tune the instruments.
- If you are able and willing to help, please let me know either by email, phone or in person. Your assistance would be much appreciated!

Private Lessons

- I encourage students to take private lessons on their instruments. This way, they will receive more individual attention and can get more help on their instrument.
- There are teachers in the area who are very skilled and who want to teach your child. Please contact me if you would like more information.

LWYS Website

www.lwnmusic.org/LWStrings

The Director

Mrs. Michelle Freeland has been teaching strings for over twelve years, and has worked with elementary, middle, and high school orchestras throughout the Chicagoland area. She holds Bachelor of Music degrees in Violin Performance and Music Education from the University of Illinois, and a Master of Music Education degree from Northwestern University. In addition to having taught in the public schools, Mrs. Freeland conducts the Schaumburg Youth Concert Orchestra and has directed violin sectionals for other area summer and youth orchestras.

Her string students have been members of youth orchestras and collegiate ensembles, and have performed at the IMEA All-State Conference and the MENC National Music Conference. Mrs. Freeland is excited to be teaching strings in the area in addition to performing. As a professional musician she has been a member of several professional and community orchestras, and currently performs as a solo violinist and chamber musician.

Contact Information

Michelle Freeland, LWYS Director, (815) 534-3069, youthstrings@lw210.org

The Orchestra

The **ORCHESTRA** is made up of four string instruments, the violin, viola, cello, and string bass. By signing up for Lincoln-Way Youth Strings, you can choose which one of these instruments you would like to play.

The **VIOLIN** is the smallest member of the string orchestra. It has the highest sound. It is known for its brilliant tone quality. The violin is held under the chin and parallel to the floor. There are more violins in the orchestra than any other instrument. They are divided into two sections, the first and second violins. Like all stringed instruments, there are different sizes for different sizes of students.



The **VIOLA** looks like the violin, but it is slightly larger. The instrument produces a lower sound. The tone quality is rich and mellow, less bright sounding than the violin. The viola, like the violin, is held under the chin. Good violists are always in demand in small and large performing groups.



The **CELLO** has a beautiful tone, which gives the orchestra a rich, full sound. It is tuned an octave lower and is much larger than the violin or viola. The cello, along with the bass produces the bottom sound of the orchestra. The instrument is supported by a long endpin that rests on the floor and the player always sits to play it.



The **BASS** has a deep, dark sound, which gives the orchestra a solid foundation. It is a versatile instrument, which can be used in a variety of groups, ranging from the symphony to the jazz combo. Many bass players also learn to play the electric bass! The bass is the largest member of the string family. It can be played sitting or standing.



LWYS 2011-2012 Calendar

Dates are subject to change

Rehearsals are on Saturdays in Music Room 106 at Lincoln-Way North High School unless stated otherwise.
Please enter through door 51. LWYS events will be held at L-W East when L-W North is unavailable.

Beginner Orchestra 8:00-8:30 Violin/Viola Class 8:30-9:20 All Students 9:20-9:50 Cello/Bass Class	Concert Orchestra 10:00-11:15 Chamber Orchestra 11:15-12:00
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September 10	9-1:00 PM	LWYS Registration
September 17	8-12:00 PM	LWYS First orchestra rehearsal BEGINNERS ONLY
September 24	8-12:00 PM	LWYS Rehearsal
October 1	8-12:00 PM	LWYS Rehearsal
October 8	8-12:00 PM	LWYS Rehearsal
October 15	8-12:00 PM	LWYS Rehearsal
October 22	8-12:00 PM	LWYS Rehearsal
October 29	8-12:00 PM	LWYS Rehearsal
November 5	8-12:00 PM	LWYS Rehearsal - L-W East Band/Orchestra room
November 12	8-12:00 PM	LWYS Rehearsal
November 19	8-12:00 PM	LWYS Rehearsal
November 26		No Rehearsals- Happy Thanksgiving
December 3	8-12:00 PM	LWYS Rehearsal- L-W East Band/Orchestra room.
December 10	2:00 PM	LWYS Holiday Concert- L-W Central High School
 <i>WINTER BREAK</i>		
January 14	8-12:00 PM	LWYS Rehearsal
January 21	8-12:00 PM	LWYS Rehearsal
January 28	8-12:00 PM	LWYS Rehearsal
January 30 (Monday)	4-8:00 PM	LW Winter Strings Extravaganza – L-W Central High School
February 4	8-12:00 PM	LWYS Rehearsal
February 11	8-12:00 PM	LWYS Rehearsal
February 18	8-12:00 PM	LWYS Rehearsal
February 25	8-12:00 PM	LWYS Rehearsal
March 3	8-12:00 PM	LWYS Rehearsal
March 10	8-12:00 PM	LWYS Rehearsal
March 17	8-12:00 PM	LWYS Rehearsal
March 24	AM TBA	LWYS Rehearsal and Performance at L-W East “Artworks”
March 31	8-12:00 PM	LWYS Rehearsal
April 7	8-12:00 PM	LWYS Rehearsal- SPRING BREAK
April 14	8-12:00 PM	LWYS Rehearsal
April 21	8-12:00 PM	LWYS Rehearsal
April 28	8-12:00 PM	LWYS Rehearsal
May 5	8-12:00 PM	LWYS Rehearsal
May 12	8-12:00 PM	LWYS Rehearsal
May 19 (Saturday)	2:00 PM	LWYS Spring Concert – L-W Central High School
June/July	AM TBA	LWYS Summer Strings

